

ALLERGEN AWARE
MENU WEEK 1

SERVED W/C

9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Hutchison



Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted vegetable & tomato pasta bake (may contain soya)	5 bean chilli with Mexican rice	Vegetable sausages with roast potatoes & gravy	Baked creamy mac 'n' cheese (may contain soya)	Vegetable sausages, chips & tomato ketchup
Mild chilli beef & bean pasta bake (may contain soya)	Chicken fajita with Mexican rice	Roast gammon with roast potatoes & gravy	Creamy chicken, spinach & pesto pasta (may contain soya)	Fish & chips with tomato ketchup
Green beans & sweetcorn	Broccoli	Broccoli & roasted carrots	Rainbow vegetables	Baked beans
Chocolate shortbread	Fruit crumble	Orange jelly & mandarins	Sliced fruit selection	Chocolate shortbread

Available Every Day - Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly



KEY

Vegan Nutritionist's Choice

50-50 White & Wholegrain Rice

ALLERGEN AWARE
MENU WEEK 2

SERVED W/C

16th Nov | 7th Dec | 28th Dec | 18th Jan | 8th Feb
1st Mar | 22nd Mar

Hutchison



Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges	Vegetable sausages & mashed potatoes with gravy	Vegetable sausages with roast potatoes & gravy	Penne pasta with house tomato sauce (may contain soya)	Vegetable sausages, chips & tomato ketchup
Sweet chilli salmon melt & oven baked wedges	Pork sausages with mashed potatoes & gravy	Roast chicken breast with roast potatoes & gravy	Chicken & sweet potato katsu with rice	Fish & chips with tomato ketchup
Peas	Rainbow vegetables	Broccoli & roasted carrots	Crudites and salad bar selection	Peas
Watermelon wedge	Apple crumble	Raspberry jelly & mandarins	Sliced fruit selection	Carrot cake shortbread

Available Every Day - Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly



KEY

Vegan Nutritionist's Choice

50-50 White & Wholegrain Rice

ALLERGEN AWARE MENU WEEK 3

SERVED W/C

2nd Nov | 23rd Nov | 14th Dec | 4th Jan | 25th Jan
15th Feb | 8th Mar | 29th Mar

Hutchison

THE
FOOD
EXPLORERS

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



OPTION
1

OPTION
2

Margherita pizza
& oven baked wedges



Cheesy leek mac 'n' cheese
(may contain soya)



Vegetable sausages
with roast potatoes & gravy



Vegetable & chickpea
stir fry carrot rice



Vegetable sausages, chips
& tomato ketchup



Cajun chicken pizza
& oven bakes wedges

Beef & lentil bolognaise
with pasta
(may contain soya)



Roast chicken breast
with roast potatoes & gravy



Tomato & herb chicken
with rice

Fish & chips
with tomato ketchup

Green beans & sweetcorn



Peas & carrots



Broccoli & roasted carrots



Tomato, cucumber
& carrot salad



Baked beans



Watermelon wedge



Apple crumble



Orange jelly & mandarins



Chocolate orange brownie



Lemon shortbread



Available Every Day -

Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan



Nutritionist's Choice



50-50 White & Wholegrain Rice

