

Monday

Tuesday

Wednesday




Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Penne pasta with house tomato sauce 	Pea-powered vegetable stir fry with carrot rice  	Roast Quorn fillet with roast potatoes & gravy 	Pea-powered mild chilli with rice  	Vegetable sausages, chips & tomato ketchup 
Tomato, ham & broccoli pasta	Sweet & sour chicken with carrot rice  	Roast gammon with roast potatoes & gravy	Mild beef & lentil chilli con carne with rice  	Fish fingers, chips & tomato ketchup
Broccoli 	Peas 	Carrots & broccoli 	Sweetcorn 	Baked Beans 
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Watermelon wedge 	Raspberry jelly

Veggies



Jacket Potatoes & Sandwiches



Sweet Treats

Available Every Day - Crunchy Colourful salad Bar & Homemade Bread



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Monday

Tuesday

Wednesday


Thursday


















Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Penne pasta with house tomato sauce 	Vegetable sausages, chips & tomato ketchup 
Tomato, spinach & salmon pasta 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast turkey breast, roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice 	Fish & chips with tomato ketchup
Sweetcorn 	Carrots 	Peas & broccoli 	Broccoli 	Peas 
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Watermelon wedge 	Carrot cake with orange glaze 	Raspberry Jelly & mandarins 	Oaty apple crumble & custard 	Chocolate Shortbread 

Veggies



Jacket Potatoes & Sandwiches



Sweet Treats





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Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Margherita pizza & oven baked wedges 	Penne pasta with house tomato sauce 	Roast Quorn fillet with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice 	Vegetable sausages, chips & tomato ketchup 
Ham pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta 	Roast chicken breast, roast potatoes & gravy	Sticky Chinese chicken with rice 	Fish fingers, chips & tomato ketchup
Carrots & sweetcorn 	Peas 	Carrots & peas 	Broccoli 	Baked Beans 
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Watermelon Wedge 	Oaty apple crumble & custard 	Orange jelly & mandarins 	Chocolate & banana brownie sponge 	Lemon shortbread biscuit 

Veggies



Jacket Potatoes & Sandwiches


Sweet Treats

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KEY

Wholegrain  Vegetarian 

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